

The Counselling Cell renders unwavering services in the area of guidance and counselling. Its services have been availed of by a number of students, parents and staff of the college. The Counselling Cell provides both group counselling and individual (one-on-one) counselling services, and the sessions are offered in privacy and strict confidentiality.

Our counsellor has experience in handling issues like interpersonal conflicts (family/friends), relationship management, anger management, emotional disturbances, peer pressure and value-based conflicts, to name a few.

We also provide students with Academic and Career counselling, aided by assessment techniques, in order to help them to take decisions regarding their career. Periodic psychometric tests are conducted to interested students in association with professional agencies every year.

Students who require psychiatric help are referred to practising professional psychiatrists and therapists, along with their counselling sessions in college. Many students have benefitted from these sessions, as a result of which they are now able to handle their lives with improved self-esteem and confidence.

The counsellor, Ms. Rajitha Ramachandran, is a practicing Psychologist. She visits various educational institutes and corporate offices as a Consultant. She also conducts training programmes, workshops and personal counseling sessions to under-graduate and post graduate students of our college. In addition, she also takes part in all the activities organised by various forums related to Psychology.